

HOW TO JOIN AUSTIN ROWING CLUB AS A NEW ROWER?

WHAT KIND OF ROWING WOULD I LIKE?
*All rowing requires skill and teamwork

I prefer to be alone or in small groups

SCULLING
Rowing with 2 oars

I want to be a member of a bigger team in a boat

SWEEPING
Rowing with 1 oar

LEARN TO SCULL
Whether you know how to sweep or it's your first time in a shell, sculling can feel a little different. Learn To Scull focuses on rowing in a single, just one person per boat. Join us for 4, 90 minute lessons of no more than 4 people.

PRIVATE LESSONS
Get the one on one coaching to help bring your rowing to the next level. These can be for one to two people. Private lessons are offered in single sessions or a 3 lesson package.

INTRODUCTION TO ROWING
This class will introduce you to the wonderful world of rowing! We offer 8, 2hr classes of up to 10 people. This class will introduce you to the basics of rowing sweep (one oar).

I want to Join ARC!

MEMBER PROGRAMMING FOR NEW ROWERS

From Learn to Scull

SCULLING CLINIC
Open coached session where you sign yourself up through our logbook system to be on the water with one of our expert coaches

From Intro to Rowing

CLUB NOVICE ROWING
Develop your sweep skills further in this coached program dedicated for new rowers or those who need further skill development.

What Next?

SCULLING CLINIC
This is not just for new people - but for anyone who wants to continue to develop sculling skills with the oversight and safety of a coach out on the water with you.

TEAM SCULLING
If you are desiring to expand your sculling skills, you can do Team Sculling to learn how to bow a 2 person boat, called a double (2x) or a 4 person boat called a quad (4x).

CLUB ROWING
Join Members who have been rowing many years or are relatively new in an open rowing, sign up when you want to row program. The focus is on technique and skill development

ROWING INDEPENDENTLY
After sculling for a few months (on average), Pass a Skills Assessment during Sculling Clinic to get clearance to row independently, but recommended during Dockmaster hours.

CREWS
For sculling or sweep experts, get together with fellow Members to develop a Crew - a regular boat of people who go out during regular coached practices.

MASTERS RACING TEAM
If your eyes are on competitive racing, then you can aim for the Masters Racing Team. You will need to row regularly for several months to develop the skills to row and race with this group.