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| General Club Coaches Schedule, as of September 2024 |
|  | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| Morning general coaching | 7:00 – 9:30a Team boats with Allie8:00 – 9:30aSculling Clinic with Matt | 5:30 – 7:00aAll Club with Megan7:00-8:30aSculling Clinic with Megan | 5:30 – 7:00aTeam boats with Megan7:00-8:30aSculling Clinic with Megan | 5:30 – 7:00aAll Club with Megan7:00-8:30aTeam boats with Megan | 5:30 – 7:00aTeam boats with Megan7:00-8:30aTeam boats with Megan | 5:30 – 7:00aAll Club with Megan7:00-8:30aSculling Clinic with Megan | 8:45 – 10:00aTeam Survivor with Paulina |
| Intro and novice classes |  |  |  7:30-9:00aLearn to Scull with Laurie | 6:15 – 7:45aNovice Sweeps with Nijia | 7:30-9:00aLearn to Scull with Laurie |  | 6:45 – 8:15aNovice Sweeps with Nijia |
| Evening general coaching |  |  |  | 6:00 – 7:30pAll Club with Arch |  |  |  |