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| General Club Coaches Schedule, as of September 2024 | | | | | | | |
|  | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| Morning general coaching | 7:00 – 9:30a  Team boats with Allie  8:00 – 9:30a  Sculling Clinic with Matt | 5:30 – 7:00a  All Club with Megan  7:00-8:30a  Sculling Clinic with Megan | 5:30 – 7:00a  Team boats with Megan  7:00-8:30a  Sculling Clinic with Megan | 5:30 – 7:00a  All Club with Megan  7:00-8:30a  Team boats with Megan | 5:30 – 7:00a  Team boats with Megan  7:00-8:30a  Team boats with Megan | 5:30 – 7:00a  All Club with Megan  7:00-8:30a  Sculling Clinic with Megan | 8:45 – 10:00a  Team Survivor with Paulina |
| Intro and novice classes |  |  | 7:30-9:00a  Learn to Scull with Laurie | 6:15 – 7:45a  Novice Sweeps with Nijia | 7:30-9:00a  Learn to Scull with Laurie |  | 6:45 – 8:15a  Novice Sweeps with Nijia |
| Evening general coaching |  |  |  | 6:00 – 7:30p  All Club with Arch |  |  |  |