



SUBSTITUTIONS

2010 Heart of Texas Regatta
Austin Rowing Club

March 6-7, 2010 • Austin, TX

An entry may substitute up to half of its rowers, and its coxswain, but no substitutions are allowed in single (1x) entries. No change may be made in an entry that has already raced in the first heat of its event, unless a member of the crew has experienced a serious illness or accident during the time between the heat and final.

A complete Substitution form must be submitted to the registration desk at least **two hours** prior to the event. Complete information is required for each replacement competitor, including full name, birth year (for Masters), and signed liability waiver.

Event Number _____ Event Name _____ Bow Number _____

Name of Club / School _____

Name of Crew/Stroke _____

Name/Contact No. _____

Name(s) of Original Participants	Name(s) of Substitute(s)	Year(s) of Birth <small>(for Masters Only)</small>	Waiver on file?
_____	_____	_____	_____ <i>(ARC only)</i>
_____	_____	_____	_____ <i>(ARC only)</i>
_____	_____	_____	_____ <i>(ARC only)</i>
_____	_____	_____	_____ <i>(ARC only)</i>
_____	_____	_____	_____ <i>(ARC only)</i>

ARC use only

accepted by _____

date: _____ time: _____